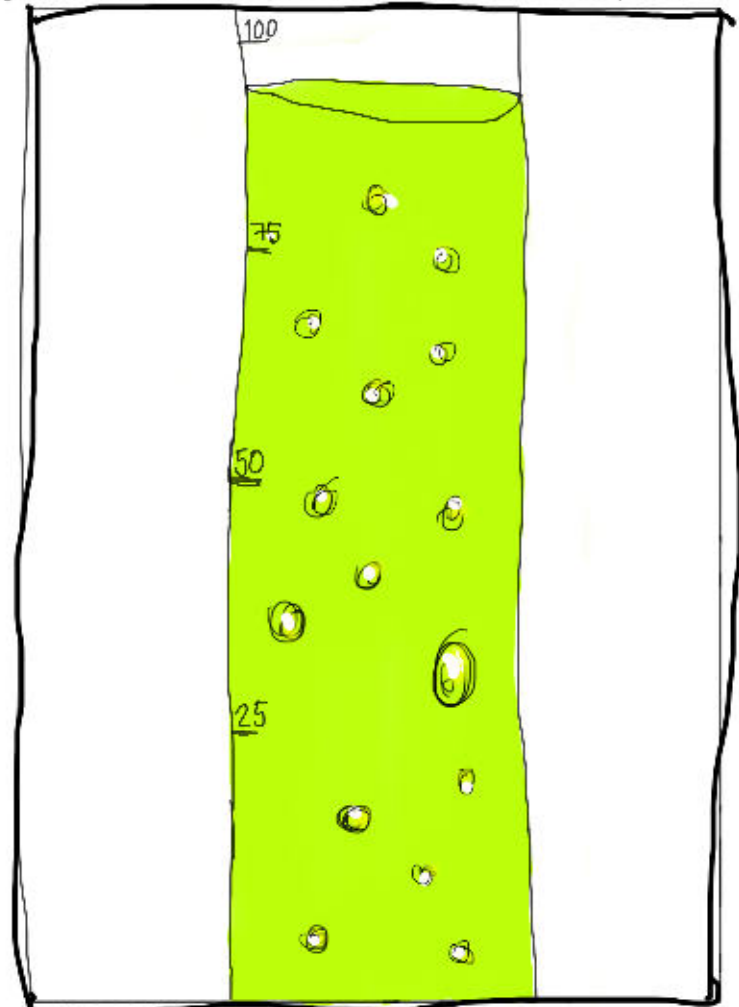
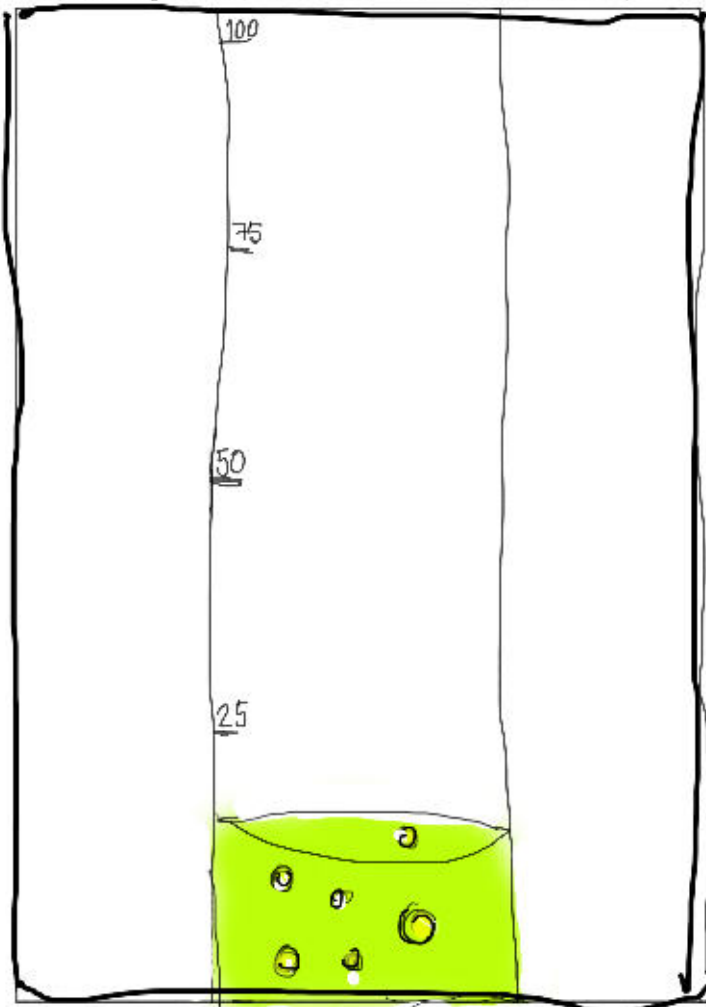
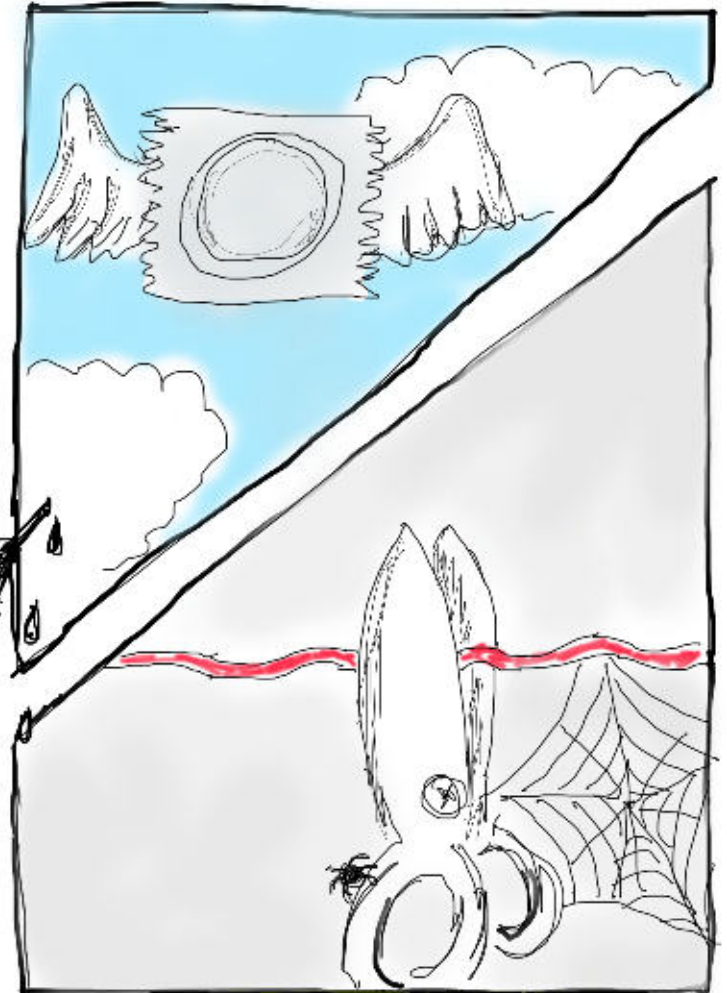
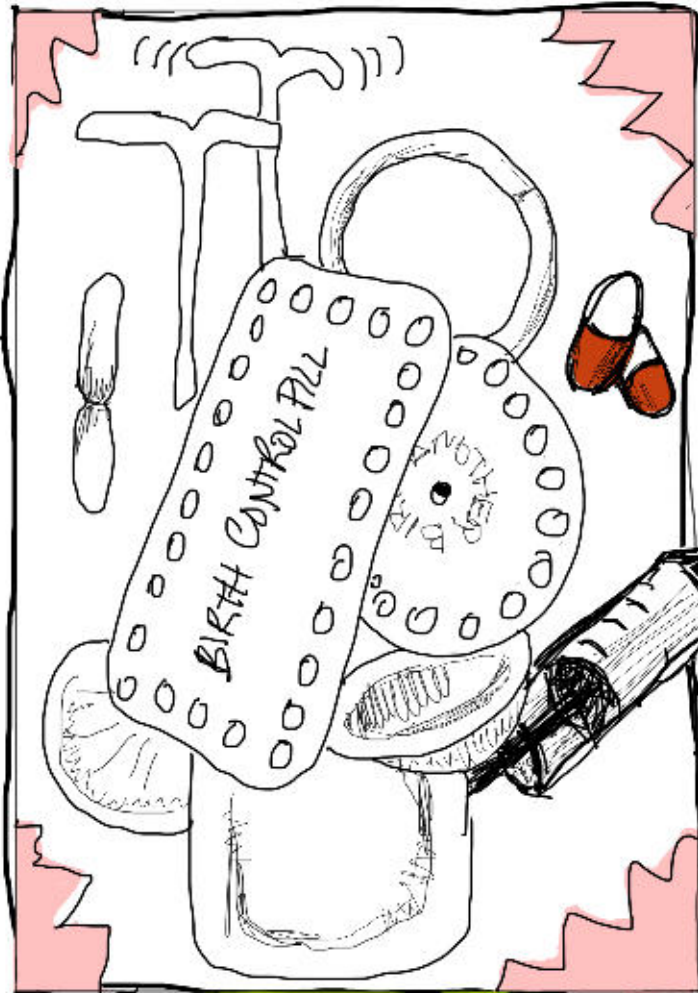


EVEN THOUGH ONLY 19% OF MEN SUFFER FROM E.D. VS 90% OF WOMEN SUFFERING FROM PMS EVERY MONTH





THERE ARE MANY WAYS TO AVOID HAVING KIDS... BUT 10 OF THEM HAVE SECONDARY EFFECTS AND ARE FOR WOMEN. 2 FOR MEN.

SORRY FOR TALKING ABOUT MY PERIODS AGAIN, BUT MAYBE AFTER THE FATIGUE, ACHES, MIGRAINS, TITS HURTING LIKE SHIT, BLOATING, LETARGY, HYPERSENSITIVITY TO ANY KIND OF REJECTION, FOOD CRAVINGS, PROGESTERONE FUELLED RAGE, SUFFOCATING FEELING OF IMMINENT DOOM, TENSION AND ANXIETY, SUDDEN DEPRESSION AND SOME OTHER BONUSES I'M NOT EVEN TALKING ABOUT GO AWAY, OR SOME ONE FINDS A FUCKING SOLUTION FOR IT GET SLIGHTLY BETTER I STOP TALKING ABOUT MY PERIODS.



IT'S SAID THESE METHODS HELP TO REDUCE PMS SYMPTOMS, BUT THAT'S NOT ALWAYS TRUE.



MORE THAN 40% DO NOT HAVE ANY RESPONSE TO PMS TREATMENT.

